

## President's Corner

### James Belden

This is my first message as your President and I am pleased to have the honor of continuing the good work that our past leadership has overseen and initiated. With great respect I take the torch and thank Tony Ballato for all the hard work he has put in.

With that I am excited about that fact that we saw many new faces at the last meeting and I hope to see all of you again as well as others. Our new membership programs will emphasize increasing our membership while we hope to invigorate current members and cultivate more volunteerism among them. One way we are showing dedication to members is our commitment to mail newsletters to every member on a monthly basis.

There are many ways to enjoy your membership and to get as much out of it as you can. I strongly encourage you all to take part in any or all of our activities. We will continue our impressive restoration and conservation work where volunteers can get their hands dirty and work for coldwater and wild trout conservation. Another excellent facet of CVTU is our trips program where we organize several interesting fishing trips. This is a great way to get to know other members, learn more about fishing and to see new places or re-visit already beloved ones. Our program speakers and demonstrations at meetings are another great way to learn more or hone your skills.

The fall season is upon us and many of us are out there fishing the many great waters of the region, including me although not as much as I would like to. I hope to hear everyone's fishing stories all winter long. I promise not to exaggerate mine but feel free to do so as any fisherman should. Thank you and I am looking forward to a great year for our chapter.

## October 10 Meeting

We'll be meeting at the Miry Brook Firehouse (south of the airport in Danbury) at 7:00 PM. Our speaker will be Mike Goodwin, editor of a book on the trout streams of Eastern Connecticut (see Jerry's writeup on the next page). We'll have updates on our projects and news of trips planned. Also, see Chuck's note below on fly tying prior to the meeting.

Come and join us at the meeting and see what's going on. Hope to see you there.

## Membership News:

### Chuck Rich

Last month we began our Attendance Incentive Program and had good turnout with a number of new members attending. A high quality CVTU ball cap was awarded to a lucky member and tickets distributed for our year-end grand prize drawing. Remember, bring a new member or a present member who has not been attending meetings and earn extra chances.

This month we are adding a fly tying demo before the meeting starting at 6:30 PM. We have a number of skilled tyers in our chapter who are more than willing to assist you learning or improving your skills in this wonderful adjunct to our sport.

Let us know what we can incorporate into meetings to encourage you to attend. You can contact board members at [www.CVTU.org](http://www.CVTU.org) and clicking on "contact us." Remember, this is your chapter, come and participate.



## **SPEAKER'S FORUM**

### **Jerry Rekart**

Several years ago, the Thames Valley Trout Unlimited Chapter, realizing the fantastic resource of trout streams available to them in Eastern Connecticut, decided to attempt to document and record these streams. This effort was not only successful but resulted in a book presenting the results of their hard work. The book is titled "Trout Streams of Eastern Connecticut; a Guide to the Streams East of the Connecticut River".

This book includes information on the more than 120 trout streams in Eastern Connecticut, included are maps of all the watersheds, access information, invertebrate life, number of fish stocked and notes on the best location to fish.

Our October speaker is Mike Goodwin, who was the moving force for this book. His presentation will introduce you to the book and highlight areas he feels are of special interest.

So if you sometimes tire of the local fishing holes, make sure you attend Mike's presentation, as it will open up a whole new area of great trout streams East of the Connecticut River

For more information check out [www.cvtu.org](http://www.cvtu.org) or [www.thamesvalleytu.org](http://www.thamesvalleytu.org).

**Have you seen our web site yet ?**

**It's loaded with good stuff. Try it and let us know how we can make it better for you !**

[www.cvtu.org](http://www.cvtu.org)

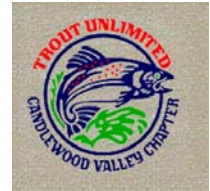
## **Connetquot Trip**

### **Tony Ballato**

I have the confirmation from Gil Bergen the director of the park that we are set for Nov 2 for our chapter outing at the Connetquot Park. As with last year, the cost per member is \$50, which includes fishing at any open site from 7:30 AM until closing (usually no later than 5 PM). Traveling to the park by ferry is not feasible because of schedules, but the return trip certainly is an option, with the travel time from the park approx 45 min. to get to Port Jefferson, where the ferry leaves for Bridgeport. There is a place to change at the park but there is no food available anywhere reasonably close. Attendees should plan on bringing everything they think they'll want to need for the entire day in the way of clothing and food. In the past we have provided some goodies and drinks, which went unused, and just provided more temptations for the geese and deer, so bring what you will need!!!

I suggest members Google Long Island Ferry sites to get the schedule from Port Jefferson to Bridgeport for that day. It's a nasty ride so buddy up for the trip and to help pay for the gas and ferry trip. More details at the October meeting. We need the \$50 before you are confirmed on the trip. Cancellations within the last week will not be refunded, since by that time we must confirm to the park the number attending and we pay by that number when we get there. The preferred way to pay is by a personal check made out to CVTU for \$50. Any member of TU, regardless of chapter is welcome, plus family members or guests. Others, we would like to have join TU as a way of attending.

If you can't come to the meeting, call Tony Ballato or Gary Whipple re this trip.



# Trout Lines

Volume 12, Issue 2

Oct 1, 2006

## Trip Reports

### Gary Whipple

#### Ausable/Boquet

On the weekend of September 23, CVTU sponsored a trip to fish the Ausable and Boquet. Ryan and Gary Whipple were the only known attendees. We stayed at the Hungry Trout in Wilmington, NY.

The water in the river was down, and about 50 degrees. The weatherman promised rain and winds but the weather largely cooperated for the weekend. Bugs were abundant. Concurrently, we saw BWO, isonychia, tan caddis, and tricos on the water and in the air. Caddis were most abundant.

We nymphed a section of the "no kill zone" on Friday afternoon, and saw narry a fish. I thought I had misread the sign and rechecked it as we left to make sure it didn't say "no catch zone". The other fishermen at the motel also enjoyed pretty spotty results.

Saturday morning we drove up to Lake Placid and fished pocket water near the ski jumps with nymphs. No one was home. We had a quick lunch and drove back to the no kill zone. About 2:00 pm, someone gave the trout a wakeup call and they rose steadily for about the next two hours. I spent the first 45 minutes figuring out what they were rising to, but after that we caught nice fish ( I tried flies imitating all of the above bugs plus three or four different tan and brown caddis before I found they liked a Henryville special). Ryan hooked and played his first-ever wild fish on a dry fly; both were nice chunky fish about 20 inches long. I netted two browns and played 4 more; all were 20 inches long and better, and one of them I netted was about 25 inches. At 4:30, the same something that turned them on at 2:00 turned them off. The light didn't change, the air temperature didn't change much, the wind didn't change, the bugs didn't change as far as I could see. They just stopped feeding!

On Sunday morning we drove up to the Boquet near Willsboro. We stopped at the fish ladder there at the falls, and found that only one, 20 pound salmon had been recorded as using the fish ladder so far this fall. So, we jumped in the water expecting we might not yet find salmon. On Ryan's second cast with a red bucktail streamer, he hooked up with a small salmon that gave him a big thrill before it broke him

off. That was the only strike, so we spent the remainder of our time in the pool enjoying the lovely surroundings and scenery. Locals report that the salmon don't usually make the trip until about two or even three weeks later; early-to-mid October appears to be the sweet spot. Locals also report that the mouth of the Ausable has a salmon run of its own that might be better than the Boquet's.

There are lots of spots to fish on the Ausable, and that's just the west Branch. The proprietor at the Hungry Trout Fly Shop shared that there is also good fishing on the Saranac River, and that there are numerous ponds in the area that contain trout; she reported that one of the area guides had access to a pond containing 5 pound brookies who could be caught with streamers from a canoe.

#### Androscoggin

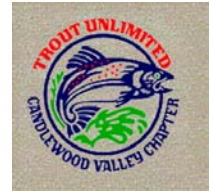
Messers Hovious, Mortimer, Whipple and a nonmember fished the Androscoggin River in western Maine the week of August 9. In 3 days of fishing, we boated 70-75 smallmouth, and a few very long chubs. The largest smallmouth was longer than 20 inches. Even the smaller fish had "shoulders" as one of our group was heard to say. We caught a number of 16-20 inch fish.

The river is big, and a boat of some type is a necessity unless you want to skip around and fish just the shallows. We fished from two, two-person canoes. Putouts are limited at the moment; we fished a 5 mile, a 4 mile and a 3 mile stretch on various days.

We caught fish on fly rods, and on some light spinning gear. There was no surface activity where the fish were taking flies, but the fish did hit floating poppers and plugs. Streamers worked very well (especially chartruese ones).

## News from the Valley Angler

John advises he will run another **fly tying class** this fall. As soon as six students sign up, he will select a suitable starting date. The class will run on four consecutive Saturday mornings for two hours each session and will cost \$125. Call John for additional information at 203-792-8324.



## East Aspetuck Project Work

For those of you who don't read the Danbury News Times, there was a front page lead article on September 25 of bank erosion control work done. Good writeup of new innovative techniques we've been using and showed good picture of our members Gary Whipple and Doug Peterson hard at work on stream bank reinforcement. Description of what's being done are provided by Todd Bobowick. The link should still be active on the News Times site at: <http://www.newstimeslive.com/news/story.php?id=1015973&category=Local&keyword=trout%20unlimited&searchtype=phrase>

## Conservation

### James Belden/Joe Hovious

Welcome back for a new season! The Chapter and our members have been busy this Summer. In June our volunteers, along with Federal and State agency staff, completed the 2006 Embrace-A-Stream Grant project work. This included repairing several hundred feet of bank and improving instream habitat in Deep Brook within the WTMA. We also removed invasive plant species for riparian buffer improvement along this area.

Our water quality monitoring effort has also been expanded to include the installation of six thermographs in Deep Brook and the Pootatuck River which record hourly temperature readings. Along with this we have continued to take water chemistry readings and were part of the Pootatuck Watershed Association's town-wide surface water quality sampling program in Newtown. Our chapter also was integral in the agreement between the Town of Newtown, United Water and the USGS for a complete Aquifer Study to be performed on the Pootatuck watershed. As part of this you may now see a stream gauge on the Pootatuck in Sandy Hook as well as two more to be placed further upstream. This real-time stream flow data will be available on the internet soon.

In July we helped the DEP biologists conduct this year's electrofishing survey in the WTMA. The good news is that there are many large breeding sized wild fish in both the Pootatuck and Deep Brook. With continued work we can ensure that this fishery will sustain a vibrant population of wild fish for generations to come.

### Hot Topics on our Website:

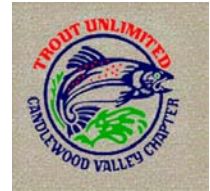
Some of you may not have visited our website ([cvtu.org](http://cvtu.org)). You really should visit the site. Our webmaster and fellow member, Steve Zakur, is now listing "Hot Topics" of current and upcoming events on the first page — an easy way to get up to date and find out what's going on and how you could help. Also, the forums are now actively used by members to communicate fishing and other news between members. Visit it and let us know how we can make it better.

## Why we're doing all this:





# Trout Lines



## CVTU Calendar

**Jerry Rekart**

2006/2007 EVENT CALENDER					
DATE	DAY	TIME	EVENT	LOCALE	INFORMATION
Sept. 09	Sat	8:30-3:00	Microinvertebrate sampling	Newtown Water Treatment	Hovious 203-270-1960
Sept. 12	Tues	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	Capt. Bob Turley, Speaker
Sept 22-24	F-S-S		Ausable Trip		Whipple 203-746-5982
Oct. 10	Tues	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	Mike Goodwin, Speaker
Nov. 2	Thurs	all day	Connequot State Park, LI NY Trip		Whipple 203-746-5982
Nov. 14	Tues	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	Mike Tougias, Speaker
Nov. 23	Thurs.		Happy Thanksgiving		
Dec. 12	Tues	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	Frank Plona, Speaker
Dec. 25			Merry Christmas		
					Rekart 08-27-06

## TROUT IN THE CLASSROOM

**Jerry Rekart & Gary Whipple**

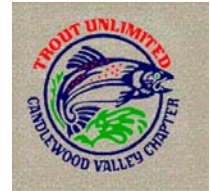
This year CVTU has taken on another program: Trout in the Classroom (TIC). As you read elsewhere in the newsletter, we have received a \$5,000.00 grant from the Meserve Foundation and purchasing assistance from PETCO to buy the equipment to set up four projects in four area schools. The equipment consists of aquariums, coolers, filters temperature regulators, etc. to raise trout from eggs to an appropriate weight and length so they can be released to a local stream.

The four schools participating in the program are Bethel, Brookfield, Danbury and Newtown. The program cannot succeed without the enthusiastic and total support of the participating schools and teachers, and the enthusiasm, excitement and energy they have already exhibited leaves no doubt of its success.

We have received the equipment and will be filling and testing the aquariums and developing our skills in water temperature and quality control. We will monitor the equipment in October in anticipation of the egg arrival in November.

CVTU has been supporting a program at New Fairfield Middle School called Salmon in the Classroom for the past four years and it has been very successful.

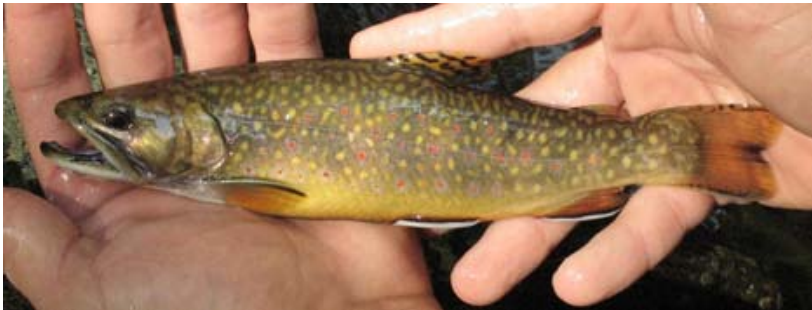
As the year progresses we will keep you posted on our progress and try to have some of the teachers and administrator attend some meetings so that you can talk with them directly. This is a great way to help raise awareness of the need for clean waters, gain some respect for trout and hopefully, gain some new young folks to help support our conservation efforts. If you want to be involved in this program, either to help set up, monitor or spread to other nearby town schools, please contact Jerry Rekart or Gary Whipple.



## **Trout Unlimited National Article by Luca Adelfia**

**The Candlewood Valley Chapter September 25, 2006**

The Candlewood Valley Chapter of Trout Unlimited is a little chapter doing big things to protect and restore their local trout waters. With only eight self-sustaining, "Class 1" wild trout fisheries left in Connecticut, the chapter's work is both timely and important...



*A Connecticut Brook Trout*

Deep Brook and the Pootatuck River converge near downtown Newtown, CT. Favorable geology and good vegetative cover allow these streams to support a wild trout fishery. Unfortunately, the streams are affected by many of the problems associated with the semi-urban environment.

Invasive plants in the riparian zone, oil spills in the watershed, pollutants in storm water runoff, poaching, and eroding stream banks are just a few of the challenges that the wild trout must overcome. As James Belden puts it, the streams are at risk of "death by a thousand cuts."

James is the President of the local Candlewood Valley Chapter of TU (CVTU) as well as the Pootatuck Watershed Association. Thanks to the hard work of these two groups, the future looks bright for both Deep Brook and the Pootatuck.

In the last few years, CVTU has used funds from Embrace-A-Stream and other sources to restore hundreds of feet of stream bank, plant thousands of trees, and remove non-native plants. These projects aim to stabilize eroding stream banks and restore a riparian buffer zone between the stream and developed land.

From what I saw, their efforts are working marvelously. Logs protect the banks and offer trout habitat and the new trees are taking hold. Over 200 school kids and scouts have assisted the chapter with invasive plants removal and tree plantings.

In addition to teaching the next generation about conservation through on-the-ground work, CVTU supports Trout in the Classroom programs in half a dozen towns. Now that the chapter has completed the habitat work on Deep Brook, they are turning their focus towards watershed level water quality issues. Two oil spills in the last few years have been a detriment to water quality. The daily input of fertilizer and chemicals from fields, yards, and roads is less dramatic, but arguably more detrimental in the long run.

CVTU cooperates with the town and the state to collect water and soil samples as well as monitor water temperature and aquatic macroinvertebrates. The monitoring effort is the first step towards a watershed-wide effort to improve water quality.

These achievements are entirely due to the hard work of James and the chapter's other active volunteers. If you live near Danbury, CT, get involved! You'll meet nice people like James and you will help improve your community.

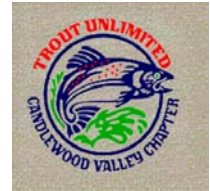
See the whole article with links and context at:

[http://blog01.kintera.com/troutunlimited/archives/2006/09/the\\_candlewood.html#more](http://blog01.kintera.com/troutunlimited/archives/2006/09/the_candlewood.html#more)



*Candlewood Valley Chapter of Trout Unlimited*

# Trout Lines



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## Advertisers Section

We will list an advertiser for \$50 a year (which will provide at least 8 monthly listings). We will need text listings (pictures or business cards take up too much data space for many of our email members to download and manage). Please send any listings to me by either email or to the CVTU address on the back and I'll get them in.

Capt. Paul Koopmann of **Salty Flies Charters** (Orvis endorsed fly fishing guide with 25 years experience fishing Long Island Sound) who has a Custom 23' boat out of Rowayton, CT 203-561-9683 (email: [captkoop@saltyflies.com](mailto:captkoop@saltyflies.com))

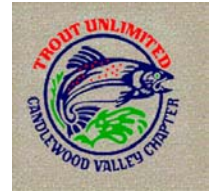
**English Angling Trappings at Angler's Den**  
11 East Main St.  
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845-855-5812      [WWW.Anglers-Den.com](http://WWW.Anglers-Den.com)

**NORTH COAST CHARTERS**  
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The Board has been holding our meetings at Stevens Diner in Newtown over the last couple years and found them to be cheerful, efficient hosts and their food to be excellent. We encourage chapter members to visit and enjoy, as well.  
  
**Steven's Diner & Restaurant**  
43 South Main Street  
Newtown, CT 06470

**For Sale Section**  
We will list items that members have for sale or swap in the newsletter. Just send me an email ([tony.mortimer@cvtu.org](mailto:tony.mortimer@cvtu.org)) or see me at a meeting with details and I'll print your advertisement



## Connecticut Government Contacts

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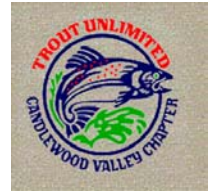
Governor	M. Jodi Rell	210 Capitol Ave., Hart-		800-406-1527
Bethel	Sen. Dist. 24	David Cappiello	<a href="mailto:David.Cappiello@cga.ct.gov">David.Cappiello@cga.ct.gov</a>	860-240-0474
	Sen. Dist. 26	Judith G. Freedman	<a href="mailto:Judeth.G.Freedman@cga.ct.gov">Judeth.G.Freedman@cga.ct.gov</a>	860-240-8826
	House Dist. 2	Hank Bielawa	<a href="mailto:Hank.Bielawa@housegop.state.ct.us">Hank.Bielawa@housegop.state.ct.us</a>	860-240-8700
	House Dist. 107	David Scribner	<a href="mailto:David.Scribner@housegop.state.ct.us">David.Scribner@housegop.state.ct.us</a>	860-240-0207
Bridgewater	Sen. Dist. 32	Louis C. DeLuca	<a href="mailto:Louis.DeLuca@cga.ct.us">Louis.DeLuca@cga.ct.us</a>	860-240-8800
	House Dist. 69	Arthur O'Neill	<a href="mailto:Arthur.Oneill@housegop.state.ct.us">Arthur.Oneill@housegop.state.ct.us</a>	800-842-1423
Brookfield	Sen. Dist. 30	Andrew Roraback	<a href="mailto:Andre.Roraback@cga.ct.gov">Andre.Roraback@cga.ct.gov</a>	800-842-1421
	House Dist. 107	David Scribner	<a href="mailto:David.Scribner@housegop.state.ct.us">David.Scribner@housegop.state.ct.us</a>	860-240-0207
Danbury	Sen. Dist. 24	David Cappiello	<a href="mailto:David.Cappiello@cga.ct.gov">David.Cappiello@cga.ct.gov</a>	860-240-0474
	House Dist.2	Hank Bielawa	<a href="mailto:Hank.Bielawa@housegop.state.ct.us">Hank.Bielawa@housegop.state.ct.us</a>	860-240-8700
	House Dist.109	Lewis J. Wallacw Jr.	<a href="mailto:Lew.Wallace@cga.ct.gov">Lew.Wallace@cga.ct.gov</a>	860-240-0550
	House Dist.110	Bob Godfrey	<a href="mailto:Bob.Godfrey@cga.ct.gov">Bob.Godfrey@cga.ct.gov</a>	860-240-8500
	House Dist.138	Janice Giegler	<a href="mailto:Janice.Giegler@housegop.state.ct.us">Janice.Giegler@housegop.state.ct.us</a>	860-240-8700
New Fairfield	Sen. Dist. 24	David Cappiello	<a href="mailto:David.Cappiello@cga.ct.gov">David.Cappiello@cga.ct.gov</a>	860-240-0474
	House Dist.108	Mary Ann Carson	<a href="mailto:Maryann.Carson@housegop.state.ct.us">Maryann.Carson@housegop.state.ct.us</a>	800-842-1423
	House Dist.138	Janice Giegler	<a href="mailto:Janice.Giegler@housegop.state.ct.us">Janice.Giegler@housegop.state.ct.us</a>	860-240-8700
New Milford	Sen. Dist. 30	Andrew Roraback	<a href="mailto:Andre.Roraback@cga.ct.gov">Andre.Roraback@cga.ct.gov</a>	800-842-1421
	House Dist. 67	Clark J. Chapin	<a href="mailto:Clark.Chapin@housegop.state.ct.us">Clark.Chapin@housegop.state.ct.us</a>	800-842-1423
	House Dist.108	Mary Ann Carson	<a href="mailto:Maryann.Carson@housegop.state.ct.us">Maryann.Carson@housegop.state.ct.us</a>	800-842-1423
Newtown	Sen. Dist. 28	John McKinney	<a href="mailto:John.Mckinney@cga.ct.gov">John.Mckinney@cga.ct.gov</a>	860-842-8805
	House Dist. 106	Julia Wasserman	<a href="mailto:Julia.Wasserman@housegop.state.ct.us">Julia.Wasserman@housegop.state.ct.us</a>	800-842-1423
	House Dist. 112	DebraLee Hovey	<a href="mailto:DebraLee.Hovey@housegop.state.ct.us">DebraLee.Hovey@housegop.state.ct.us</a>	860-240-8700
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	House Dist. 111	John H. Frey	<a href="mailto:John.Frey@housegop.state.ct.us">John.Frey@housegop.state.ct.us</a>	800-842-1423
Sherman	Sen. Dist. 24	David Cappiello	<a href="mailto:David.Cappiello@cga.ct.gov">David.Cappiello@cga.ct.gov</a>	860-240-0474
	House Dist.108	Mary Ann Carson	<a href="mailto:Maryann.Carson@housegop.state.ct.us">Maryann.Carson@housegop.state.ct.us</a>	800-842-1423





*Candlewood Valley Chapter of Trout Unlimited*

# Trout Lines



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Our chapter meetings are held September through May on the second Tuesday of each month at 7:00 PM at the Miry Brook firehouse in Danbury

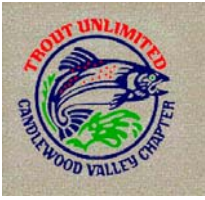
Visit our web site for copies of recent newsletters, interactive member forum, trout fishing links and more: <http://www.cvtu.org>



This newsletter is for you, our members. Let me know how we can improve it or make it more useful to you. And think about dropping me a note with some content, items for sale, stories, etc. It makes it more interesting to all of us !  
Tony Mortimer  
[Tony.Mortimer@cvtu.org](mailto:Tony.Mortimer@cvtu.org)

## *Candlewood Valley Chapter Trout Unlimited — Board of Directors*

James Belden 203-426-6039	President <a href="mailto:James.belden@cvtu.org">James.belden@cvtu.org</a>	Tony Mortimer 203-438-0877	Communications/Newsletter Editor <a href="mailto:Tony.mortimer@cvtu.org">Tony.mortimer@cvtu.org</a>
Jerry Rekart 203-775-2764	Vice President <a href="mailto:Jerry.Rekart@cvtu.org">Jerry.Rekart@cvtu.org</a>	Joe Hovious 203-270-1960	Conservation Chair <a href="mailto:joe.hovious@cvtu.org">joe.hovious@cvtu.org</a>
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Chuck Rich 203-952-4408	Membership <a href="mailto:Chuck.rich@cvtu.org">Chuck.rich@cvtu.org</a>		



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Chapter of  
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