



## President's Corner Tony Ballato

From several visits to the site of our projects this summer on Deep Brook and the Pootatuck, I'm confident that they have been very successful in improving the area impacted by our work; vegetation is quickly taking over as we had hoped, with more tree and shrub planting planned this autumn. More importantly, the stream seems to be scouring the bed around the tree trunks and hence taking some pressure off the banks, resulting in a nice clean bottom. This winter we'll be discussing projects for the coming spring and summer to add to the great work our members have started. Thanks to all who participated, there is much to be proud in what's been accomplished, especially without bankrupting the chapter, which continues to be financially sound.

One reason we are financially sound is the great success we have each year with our annual March fundraising banquet. This year it will be held on March 24th at the Stony Hill Inn. During the winter we will be discussing this at length and asking for your continued support, but for the time-being, just reserve that date on your calendars!

We are now collecting for our chapter's annual Nov trip to the Connetquot river on Long Island, which will be Thursday, Nov. 3rd. The cost, like last year will be \$50. You can sign up in one of two ways; bring your check, made out to CVTU to our October meeting on the 11th, or send before October 27th to Tony Ballato 16 Mudry Farm Road, Brookfield, CT., 06804. Do not make the check out to Tony, but to CVTU!

Like last year, the entire river system of 30+ "beats" is reserved for our use from 8:30 to 4:30. We will have some water and soft drinks, and some cookies and muffins available BUT NO OTHER FOOD. You must bring your own lunch, leaving the park to find a diner is unpleasant and difficult. I suggest everyone buddy up, because the drive is a bear! Consider taking the Port Jefferson ferry back to Bridgeport at the end of the day.

When you get to the park gates drive past the small gatehouse and take the 1st left BEFORE the large lodge building at the lake, and then follow till the end. There are restrooms at the parking location and the river is right there. You must have a NYS license remember NYS license runs from Oct 1 to Sept 30). NO split shot may be used and only barbless flies (it is flyfishing only).

Wading is not allowed upstream from the parking location and the hatchery bldgs., only downstream from the hatchery. We practice catch and release on that day. Remember we must commit a certain number of anglers to the Park Director, who opens the park just to us and must keep employees there, so the \$50 fee is non-refundable unless we cancel the trip (and only a hurricane can cancel the trip). We must have your commitment by the 27th so we can commit to the park the number of anglers we will be charged for.

This is a great end of season trip, one guaranteed to make for some fine memories thru the Winter!

## October 11 Meeting

We will have elections for officers at this meeting. Nominations are still open at this time, so feel free to speak up at the meeting. We're always looking for people who want to become more active in one or more of our activities or committees, so ask one of us how you can become more involved and we'll be glad to discuss.

A review of project status and recent tree plantings in late September will be provided by James Belden. We've accomplished a lot this year both in physical improvements to Deep Brook and the Pootatuck and in the political and environmentally active communities in our area. Come and help us plan for the future.

See the Speaker's Forum below for information on the speaker at this meeting. Jerry Rekart has really been working overtime getting great speakers for our meetings. (Guess he'll want a raise soon !)



# Trout Lines

Volume 11, Issue 2  
October 1, 2005

## **SPEAKER'S FORUM**

Jerry Rekart

Last month we were treated to the sage comments, stories and wisdom of Jay "Fishy" Fullum. In the October meeting, we are going out west to Wyoming. Mike Kaul's presentation is exciting, beautiful and is the basis of a fantastic fly-fishing vacation. Don't miss it!

The 50-minute presentation features fly-fishing on streams and lakes in the Wind River Mountains and Bridger Wilderness. The show not only depicts great trout fishing on streams like the Upper Green River, but also offers exciting visuals of scenery and wildlife prevalent in this part of Wyoming. The Bridger Wilderness encompasses nearly 400,000 acres of pristine forest, lakes, streams, and mountains, including the Wind River Mountain Range. This vast area of unparalleled beauty, sometimes referred to as the "forgotten wilderness" because of its lack of notoriety, contains 1300 lakes, several hundred miles of connecting streams, 15 of 16 highest peaks in Wyoming, 27 active glaciers, and over 600 miles of trails. The Wind River Mountains, the largest continuous mountain chain in the lower 48 states, produces the headwaters of a multitude of outstanding fishing streams which include great trout producing rivers such as the Green and New Fork. The many lakes also provide excellent still water fishing opportunities. These venues offer anglers the chance to get away from crowds and pursue a wide variety of fresh water fish to include rainbow, brown, brook cutthroat, golden, lake (mackinaw) trout and the feisty grayling.

Mike Kaul is from Pinedale, Wyoming a small town nestled at the foot of the Wind River Mountains, which serves as a gateway to the Bridger Wilderness. Mike has taken every opportunity in the past 40 years to chase these wily trout with a fly rod. He also takes pleasure in helping others enjoy the sport and is a FFF Certified Fly Casting Instructor. Mike will provide a visual experience and commentary on the lightly traveled Bridger Wilderness and the streams flowing from the Wind River Mountains. In addition to fishing, Mike will discuss other recreational activities featured in the area, comment on the rich history of the region and provide information on accommodations and services. If you'd like more information their web site is [flyfishingwyomingwinds.com](http://flyfishingwyomingwinds.com)

## **New Kiosk at TMA in Newtown:**



## **Completed Bog Bridge on the Pootatuck:**





# Trout Lines

## Deep Brook/Pootatuck Project Updates

James Belden

Our work continues on several projects. September 30 and October 1 the finishing touches are put on the two bank restoration projects we started in June with a tree planting project. Approximately 65 small trees and shrubs will help stabilize the bank while providing shade, filtration and habitat along over 200 linear feet of bank included in these project areas. These projects are part of the TU Embrace-a-Stream Grant and our agreement with the Town of Newtown for SEP projects per their Consent Order with the EPA for the Reed School oil spill.

Water levels remain extremely low, but the good news is that water temperatures have remained in the mid 60's in both Deep Brook (62F) and the Pootatuck (65-67F) and hopefully trout populations are finding a way to hold over. One of the largest threats to trout populations in the Pootatuck continues to be poaching so please keep an eye out and call the DEP enforcement number whenever possible at 800-842-4357.



## **HELP NEEDED FOR MACROINVERTEBRATE STUDY!**

Joe Hovious

**October 22nd** is the date we commence the macroinvertebrate study that is part of the SEP agreement between CVTU and Newtown. This work, in addition to our volunteer effort, is paid for by money in lieu of fines to the EPA for the Reed School oil spill. This effort begins a two year study of macroinvertebrate life and water chemistry in Deep Brook and the Pootatuck in conjunction with the CT DEP, using their criteria, methodology and historical data for comparison.

Starting at 9:00 am on Saturday, 10/22 the CTDEP will be providing a training session followed by our first sampling of the six sites we have selected.

**Location** - Conference room at the Newtown wastewater treatment plant, located at the end of Commerce Road off Exit 10 in Newtown. This is the same location as the kiosk construction and bank restoration portion of the Embrace-a-Stream projects.

**You bring** - wading boots, clothes appropriate for the weather, a clip board if you have one, interest in learning about a critical part of the trout food chain, and a positive attitude.

**We supply** - training, coffee, snacks, lunch, sampling equipment

**We will** - train in morning, sample in afternoon. All work should be complete by 3:00.

**You get** - An opportunity to help with the study and training on macroinvertebrate sampling and a critical part of the trout food chain. We will also have an opportunity to tour the wastewater treatment facility for those who are interested.

We need **at least 15 volunteers** to complete the sampling in one day. A head count is needed to make sure we have appropriate numbers of refreshments and folks to sample. All those interested in taking part are invited to attend and should call or email Joe Hovious at 203-270-1960 [jchovious@snet.net](mailto:jchovious@snet.net), or James Belden at 203-426-6039 [jbeldendflyfish@yahoo.com](mailto:jbeldendflyfish@yahoo.com).



# Trout Lines

Volume 11, Issue 2  
October 1, 2005

## A Rod Rating System

Tony Mortimer

Mystified by the marketing mumbo-jumbo used by fly rod manufacturers to describe their rods (e.g., “legendary Trade Marked action” or “balanced loading system” – and what does “unique integrated system” mean) ?? Would you like to be able to quantify the “feel” of a rod you now own and like so you can buy or build another one with the same casting and fishing action? I became increasingly curious as I ventured into rod building and came across an easy to use system that provides quantified, consistent data on a given rod’s **intrinsic power** (line weight required to effectively load the rod) and **casting action** (fast, moderately fast, slow). With this information, I now better understand the characteristics of a given rod that matches my (some might say, “uniquely dysfunctional”) casting style and skills so I can evaluate other rod blanks or manufactured rods for build or purchase.

I ran these tests on all of my rods. What I discovered so far is that most of my trout rods are under labeled for matching line weights by the manufacturers. For example, my Scott SAS 905 five weight mfg rated rod tests out at 6.5 line weight and an Old Florida 4 weight mfg rated rod tests out at 5.2 line weight. I have confirmed the tested higher weights by casting and fishing with higher line weights on them. Also, my heavier weight rods (9 and 10) are over labeled – that is, they actually test out at a little over 7 weight instead of 9 and 9 weight instead of 10. I believe this is one of the reasons I have been having problems casting over the long distances usually encountered in salt water fishing with these rods. I will be trying lighter weight lines on these rods in the near future to confirm this.

The information provided with the system also makes clear why you need to also consider the typical distance at which you fish to select the line weight for a given fishing situation. Line weights are designated by the weight of the first 30 feet of line (e.g., the first 30 feet of a 5 weight line weighs between 134 and 146 grains). To

effectively load the rod, you will need a higher weight rated line if you are fishing a small stream casting short distances and likely a lower weight rated line if you are casting longer distances on a larger river.

I now understand that rods in the fast action tested range cast better for me than slow action – and I can use this simple test to verify that a given rod or blank is in the action range I prefer. I’m still learning here and I understand there is an extension of the system that will allow even more detailed understanding of the rods’ “frequency” of action, but I don’t think you need this to get in the right rod action range for you.

This system is easy to set up and use. Necessary tools are only a bag of U.S. pennies (they provide a consistent way to provide loading weights in graduated quantities), a light weight “Baggie” plastic bag, a paper clip, a tape measure, and a short piece of straight wire. The system is fully describe and calibration data is provided in a \$4.00 copy of a series of articles from the *Rodmaker Magazine* entitled “The Hanneman Common Cents System”.

The website where I found this system is [www.rodbuilding.org](http://www.rodbuilding.org) - click on “Common Cents Info” in the left column. You’ll also notice a “CCS Data Site” where you can find data from many other contributors on specific rods and rod blanks. You’ll need to understand the system and the meaning of the data types to utilize this data. Get this by ordering the article reprint. If you have an interest in pursuing this or learning more about the system, contact me by email on [a\\_ymous@yahoo.com](mailto:a_ymous@yahoo.com) (note: that’s a\_ymous) or by phone (203) 438-0877.



# Trout Lines

Volume 11, Issue 2  
October 1, 2005

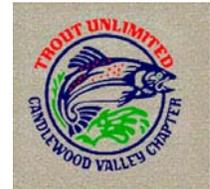
## Casting For Recovery Event—July

Founded in 1996, Casting for Recovery is a national non-profit support and educational program for women who have or have had breast cancer. CFR provides free weekend retreats across the country, giving women whose lives have been profoundly affected by the disease an opportunity to gather in a beautiful, natural setting and learn fly-fishing, "a sport for life."

Their weekend retreats incorporate counseling, educational services and the sport of fly-fishing to promote mental and physical healing, and rely on local volunteers and organizations like ours for support and volunteers. Here in Connecticut, Trout Unlimited has been a key player on CFR's team of volunteers, and the Candlewood Valley chapter continues to lead the TU team.

CVTU "River Helpers" for this year's retreat on July 31 were James Belden, Russ Bentzen, and Len Carrescia - - who also is CFR's Retreat Planning Coordinator for Connecticut and Rhode Island.





# Trout Lines

## CVTU Calendar - Jerry Rekart

2005/2006 EVENT CALENDER					
DATE	DAY	TIME	EVENT	LOCALE	INFORMATION
Sep. 30	Fri.	10:00AM	Tree Planting	Deep Brook, meet at end	Belden & Hovious
Oct. 1	Sat	9:00AM	Tree Planting	of Commerce Road	" & "
Oct. 11	Tues.	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	Mike Kaul, Guest Speaker
Oct. 22	Sat	TBA	MacroInvertebrate Collection Class	Newt. Wtr. Treat. Fac.	Michael Beauchene, Ct. DEP
Nov. 3	Thur.	all day	Connetquot trip	Connetquot - Long Island	Tony Ballato 203-740-8636
Nov. 8	Tues.	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	
Nov. 12-13	S&S	9:30 AM	FFU - Arts of the Angler	Sheraton Hotel & Conf Ctr	<a href="http://www.flyfishingu.net">www.flyfishingu.net</a>
Dec. 13	Tues.	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	
Jan. 6,7,8	F,S,S	see website	FFU - World of Fly Fishing V	O'Neill Ctr - WESTCON	<a href="http://www.flyfishingu.net">www.flyfishingu.net</a>
Jan. 10	Tues.	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	
Feb. 14	Tues.	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	
Mar. 14	Tues.	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	
Apr. 11	Tues.	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	
May. 9	Tues.	7:00 PM	CVTU Monthly Meeting	Miry Brook Fire House	
					Jerry Rekart 10.01.05

### Newsletter Distribution

The Board has decided to run an experiment to see if receipt of the newsletter encourages members to join in our activities. We will mail hard copy to all current members of the Chapter for a few months and see if we get more active interest in our meetings and project activities — It's more fun when more members gather !

I will continue to email to the list of members with email addresses in the TU national data base, please let me know if you don't need a hardcopy newsletter — our dues don't cover the cost of production and mailing.

### Web Links to Visit, a selection:

For our CVTU home site (has copies of newsletters, lots of web links):

[http://www.geocities.com/a\\_ymous/CVTUnews.html](http://www.geocities.com/a_ymous/CVTUnews.html)

Fly fishing in Maine information:

<http://www.flyfishinginmaine.com/>

All around fishing information, tutorials, covers many areas with links to conditions, etc.:

<http://www.flyfishingconnection.com/>

Patterns, tactics, rod-building, lots more:

<http://www.flyfisherman.com/>

Thames Valley TU chapter web site:

<http://www.thamesvalleytu.org/>



# Trout Lines

## For Sale Section

We will list items for sale. Listings are free to members of CVTU and for a small fee for non-members. This is a good chance to re-allocate some of the space taken up by unused equipment ! Please send me (Tony Mortimer) any listings and I'll get them in the next newsletter.

### Lamson Reels and spools:

**Robert DuPlessis:** I have some Lamson # 3 Fly reels for sale. I purchased them some time ago and only used them a couple of times. There are two reels with a total of five spools - all are the same size and hold line weights 5, 6 and 7 with plenty of backing - (ed: I have pictures from Robert, if you want to see them). They will also accommodate an 8 weight line with less backing. They are high quality disk drag reels with a finish that can be used in either salt or fresh water. They also come with their corduroy pull string pouches. The asking price is \$300.00 for all. I really don't want to split them up. Please call me with any questions - (203) 746-2798

## Advertisers Section

We will list an advertiser for \$50 a year (which will provide at least 8 monthly listings). We will need text listings (pictures or business cards take up too much data space for many of our email members to download and



The **Dry Fly Gallery** is a custom picture framing studio located in Ridgefield Connecticut specializing in shadow box framing of Art, Photos and Flies for the Fly Fishing enthusiast. To schedule an appointment please call **Taylor Hay** at (203) 431-1878. [www.dryflygallery.com](http://www.dryflygallery.com)

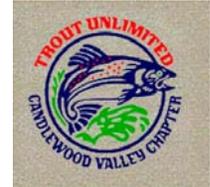
Capt. Paul Koopmann of **Salty Flies Charters** (Orvis endorsed fly fishing guide with 25 years experience fishing Long Island Sound) who has a Custom 23' boat out of Rowayton, CT 203-561-9683 (email: [captkoop@saltyflies.com](mailto:captkoop@saltyflies.com))

The Board has been holding our meetings at Stevens Diner in Newtown over the last couple years and found them to be cheerful, efficient hosts and their food to be excellent. We encourage chapter members to visit and enjoy, as well.

**Steven's Diner & Restaurant**  
43 South Main Street  
Newtown, CT 06470

**English Angling Trappings at Angler's Den**  
11 East Main St.  
Pawling, NY 12564  
Located in the Historic Village of Pawling

845-855-5812      [WWW.Anglers-Den.com](http://WWW.Anglers-Den.com)  
Info@Anglers-Den.com



# Trout Lines

## Connecticut Government Contacts Jerry Rekart

---

Governor	M. Jodi Rell	210 Capitol Ave., Hartford, CT 06106		800-406-1527
Bethel	Sen. Dist. 24	David Cappiello	<a href="mailto:David.Cappiello@cga.ct.gov">David.Cappiello@cga.ct.gov</a>	860-240-0474
	Sen. Dist. 26	Judith G. Freedman	<a href="mailto:Judeth.G.Freedman@cga.ct.gov">Judeth.G.Freedman@cga.ct.gov</a>	860-240-8826
	House Dist. 2	Hank Bielawa	<a href="mailto:Hank.Bielawa@housegop.state.ct.us">Hank.Bielawa@housegop.state.ct.us</a>	860-240-8700
	House Dist. 107	David Scribner	<a href="mailto:David.Scribner@housegop.state.ct.us">David.Scribner@housegop.state.ct.us</a>	860-240-0207
Bridgewater	Sen. Dist. 32	Louis C. DeLuca	<a href="mailto:Louis.DeLuca@cga.ct.us">Louis.DeLuca@cga.ct.us</a>	860-240-8800
	House Dist. 69	Arthur O'Neill	<a href="mailto:Arthur.Oneill@housegop.state.ct.us">Arthur.Oneill@housegop.state.ct.us</a>	800-842-1423
Brookfield	Sen. Dist. 30	Andrew Roraback	<a href="mailto:Andre.Roraback@cga.ct.gov">Andre.Roraback@cga.ct.gov</a>	800-842-1421
	House Dist. 107	David Scribner	<a href="mailto:David.Scribner@housegop.state.ct.us">David.Scribner@housegop.state.ct.us</a>	860-240-0207
Danbury	Sen. Dist. 24	David Cappiello	<a href="mailto:David.Cappiello@cga.ct.gov">David.Cappiello@cga.ct.gov</a>	860-240-0474
	House Dist.2	Hank Bielawa	<a href="mailto:Hank.Bielawa@housegop.state.ct.us">Hank.Bielawa@housegop.state.ct.us</a>	860-240-8700
	House Dist.109	Lewis J. Wallacw Jr.	<a href="mailto:Lew.Wallace@cga.ct.gov">Lew.Wallace@cga.ct.gov</a>	860-240-0550
	House Dist.110	Bob Godfrey	<a href="mailto:Bob.Godfrey@cga.ct.gov">Bob.Godfrey@cga.ct.gov</a>	860-240-8500
New Fairfield	House Dist.138	Janice Giegler	<a href="mailto:Janice.Giegler@housegop.state.ct.us">Janice.Giegler@housegop.state.ct.us</a>	860-240-8700
	Sen. Dist. 24	David Cappiello	<a href="mailto:David.Cappiello@cga.ct.gov">David.Cappiello@cga.ct.gov</a>	860-240-0474
	House Dist.108	Mary Ann Carson	<a href="mailto:Maryann.Carson@housegop.state.ct.us">Maryann.Carson@housegop.state.ct.us</a>	800-842-1423
New Milford	House Dist.138	Janice Giegler	<a href="mailto:Janice.Giegler@housegop.state.ct.us">Janice.Giegler@housegop.state.ct.us</a>	860-240-8700
	Sen. Dist. 30	Andrew Roraback	<a href="mailto:Andre.Roraback@cga.ct.gov">Andre.Roraback@cga.ct.gov</a>	800-842-1421
	House Dist. 67	Clark J. Chapin	<a href="mailto:Clark.Chapin@housegop.state.ct.us">Clark.Chapin@housegop.state.ct.us</a>	800-842-1423
Newtown	House Dist.108	Mary Ann Carson	<a href="mailto:Maryann.Carson@housegop.state.ct.us">Maryann.Carson@housegop.state.ct.us</a>	800-842-1423
	Sen. Dist. 28	John McKinney	<a href="mailto:John.Mckinney@cga.ct.gov">John.Mckinney@cga.ct.gov</a>	860-842-8805
	House Dist. 106	Julia Wasserman	<a href="mailto:Julia.Wasserman@housegop.state.ct.us">Julia.Wasserman@housegop.state.ct.us</a>	800-842-1423
Ridgefield	House Dist. 112	DebraLee Hovey	<a href="mailto:DebraLee.Hovey@housegop.state.ct.us">DebraLee.Hovey@housegop.state.ct.us</a>	860-240-8700
	Sen. Dist. 26	Judith G. Freedman	<a href="mailto:Judeth.G.Freedman@cga.ct.gov">Judeth.G.Freedman@cga.ct.gov</a>	860-240-8826
	House Dist. 111	John H. Frey	<a href="mailto:John.Frey@housegop.state.ct.us">John.Frey@housegop.state.ct.us</a>	800-842-1423
Sherman	Sen. Dist. 24	David Cappiello	<a href="mailto:David.Cappiello@cga.ct.gov">David.Cappiello@cga.ct.gov</a>	860-240-0474
	House Dist.108	Mary Ann Carson	<a href="mailto:Maryann.Carson@housegop.state.ct.us">Maryann.Carson@housegop.state.ct.us</a>	800-842-1423



**Candlewood Valley Chapter of Trout Unlimited**

# Trout Lines



Our chapter meetings are held September through May on the second Tuesday of each month at 7:00 PM at the Miry Brook firehouse in Danbury

Volume 11, Issue 2  
October 1, 2005

Visit our web site for copies of recent newsletters, trout fishing links and more: [http://www.geocities.com/a\\_ymous/CVTUnews.html](http://www.geocities.com/a_ymous/CVTUnews.html)



## **Candlewood Valley Chapter Trout Unlimited — Board of Directors**

Tony Ballato  
203-740-8636

President  
Amballato@aol.com

Tony Mortimer  
203-438-0877

Communications/Newsletter Editor  
a\_ymous@yahoo.com

James Belden  
203-426-6039

Vice President/Deep Brook  
Jbeldenflyfish@yahoo.com

Joe Hovious  
203-270-1960

Conservation Chair  
jchovious@snet.net

Len Carrescia  
203-431-4436

Treasurer  
lencarrescia@snet.net

Volunteer needed

Meeting Set Up

Jerry Rekart  
203-775-2764

Program Chair  
Rekart@earthlink.net

Gene Rinaldi  
203-740-1637

Membership/Trips Chair  
generinaldi@earthlink.net



**Candlewood Valley  
Chapter of  
Trout Unlimited**

**P.O. Box 3795  
Danbury, CT 06811**

**Email: [a\\_ymous@yahoo.com](mailto:a_ymous@yahoo.com)**

Volume 11, Issue 2  
October 1, 2005

